Group Project 1 Proposal

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Dataset Used: [Sleep Health and Lifestyle Dataset](https://www.kaggle.com/datasets/uom190346a/sleep-health-and-lifestyle-dataset?resource=download)

Primary Analysis Questions:

1. Which occupation has best/worst sleep - Devi

2. Sleep disorder vs quality of sleep - Nick

3. Sleep quality, duration, stress level Male vs Female - Kevin

4. How physical activity affects sleep duration and quality - Group Effort